

## Consumer Services

### 4-H YOUTH DEVELOPMENT

4-H is a nationwide, 100-year old, volunteer led, educational youth development program administered through USDA Extension Service and the state's land grant institutions. In Florida it is managed by the University of Florida and the Miami-Dade County Cooperative Extension Division, a division of the Consumer Services Department. The local program is staffed by five paid staff, three professionals, and two paraprofessionals, which provide training and support for more than 250 volunteers who reach approximately 12,000 youth members ranging in age from 5 to 18 years annually. 4-H members participate in project studies of their choice (such as: marine science, nutrition, sewing, public speaking, as well as other life skills); participate in leadership and competitive events (county, state, and national levels), and conduct service learning/community pride projects. Teaching methods are "hands on/learn by doing". Skills learned better prepare participants for school and life.

### SERVICE AREA

Countywide

### TARGET POPULATION

Gender:	Male And Female	Age:	Children (6-12) and Youth (13-18)
Special Population:	Students		

### ELIGIBILITY

Client Eligibility Requirements:	Participants must be between the ages of 5-18 years.		
Geographic Criteria:	N/A		
Economical/Financial Criteria:	N/A	Other:	N/A

### COLLABORATIVE PARTNERS

Miami Dade Public Schools; YMCA; YWCA; Boy and Girl Scouts; community afterschool programs; park and recreation departments; faith-based organizations; and Miami-Dade County Fair and Exposition

### PROGRAM GOAL(S)

To empower youth to reach their full potential through a working and learning partnership with trained caring volunteer adults and staff.

## PERFORMANCE MEASURES

	Quantity	Quality
	I. What We Do	II. How Well We Do It
Effort/ Output	<ul style="list-style-type: none"> <li>* 10,575 youth and 699 adult volunteers participated in worthwhile educational activities involving 19,020 project studies</li> </ul>	<ul style="list-style-type: none"> <li>* 10,000 youth increased in written and record keeping skills through project book studies</li> <li>* 699 adult volunteers donated on average of 187 hours per year to support 4-H programs</li> </ul>
	III. How Much Change	IV. Quality of Change
Effort/ Outcome	<ul style="list-style-type: none"> <li>* 16 youth attended a week-long mock legislature in the State Capital</li> <li>* Increased from 685 youth participating in public speaking events to 1,558</li> </ul>	<ul style="list-style-type: none"> <li>* 87% of participants gained knowledge and skills in public speaking events</li> <li>* 86% of youth increased post-test scores in food safety</li> </ul>

## FUNDING SOURCE(S)

Grant Funding:	Yes	
Funding Source:	County; Federal (pass through State)	
Matching Requirements:	No	Required Match: N/A
Minimum Required Match:	N/A	
Maintenance of Effort Requirements:	No	Funding Cycle: October 1 - September 30

**RESOURCE ALLOCATION DETAILS AND SERVICE STATISTICS**

<b>Revenue Summary</b>	<b>Actual FY 02-03</b>	<b>Actual FY 03-04</b>	<b>Budgeted FY 04-05</b>	<b>Budgeted FY 05-06</b>	<b>Changed from FY 04-05</b>
Federal	\$0	\$0	\$0	\$0	\$0
State	\$98,255	\$81,086	\$103,916	\$121,994	\$18,078
County	\$150,522	\$124,592	\$153,372	\$129,603	(\$23,769)
Other	\$0	\$0	\$0	\$0	\$0
<b>Total</b>	<b>\$248,777</b>	<b>\$205,678</b>	<b>\$257,288</b>	<b>\$251,597</b>	<b>(\$5,691)</b>

**Expenditure Summary**

Salaries and Benefits	\$240,767	\$197,668	\$249,278	\$243,587	(\$5,691)
Services and Supplies	\$0	\$0	\$0	\$0	\$0
Contracted Service Providers	\$8,010	\$8,010	\$8,010	\$8,010	\$0
Capital	\$0	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0	\$0
<b>Total</b>	<b>\$248,777</b>	<b>\$205,678</b>	<b>\$257,288</b>	<b>\$251,597</b>	<b>(\$5,691)</b>

<b>Total Positions</b>	6.50	6.00	5.00	6.00	1.00
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<b>Number of Children Served</b>	154,335	12,496	10,575	10,800	225
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**CBO ACCESS**

CBO Access to Funding Source: No

Funding Provided to CBO No

## Consumer Services

### 4-H YOUTH EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM (EFNEP)

The 4-H program is a nationwide, 100-year old, volunteer led, educational youth development program administered through the United States Department of Agriculture Extension Service and the State's land grant institutions. In Florida, it is managed by the University of Florida and the Miami-Dade County Cooperative Extension Division, a division of the Miami-Dade Consumer Services Department. The local program is staffed by one para-professional, who is supervised by an existing 4-H professional. 4-H members participate in project studies related to nutrition. On an annual basis, the para-professional provides training support and curriculum for approximately 90 volunteers, who then conduct a minimum of six nutrition educational classes for approximately 1,500 children ages 5 through 18. These children increase life skills through development of project study records, oral presentations, and making exhibits utilizing the knowledge gained through study of food and nutrition.

### SERVICE AREA

Countywide

### TARGET POPULATION

Gender:	Male and Female	Age:	Children (6-12) and Youth (13-18)
Special Population:	Low Income		

### ELIGIBILITY

Client Eligibility Requirements:	Children and youth (5-18) attending a limited income Title 1 school.		
Geographic Criteria:	N/A		
Economical/Financial Criteria:	Low Income	Other:	N/A

### COLLABORATIVE PARTNERS

Miami-Dade County Public Schools; YMCA; YWCA; Boy and Girl Scouts; community afterschool programs; park and recreation departments; faith-based organizations; and Miami-Dade County Fair and Exposition

### PROGRAM GOAL(S)

Through educational efforts, 4-H EFNEP youth will acquire the knowledge, skills and attitudes desired for youth to make behavior changes and informed decisions regarding nutritionally sound diets leading to better health, school achievement, and personal development.

## PERFORMANCE MEASURES

	Quantity	Quality
	I. What We Do	II. How Well We Do It
Effort/ Output	<ul style="list-style-type: none"> <li>* 1,984 children participated in 4-H EFNEP programs</li> <li>* 89 adult volunteers provided training or support for the program</li> </ul>	<ul style="list-style-type: none"> <li>* 89 volunteers received nutrition training and skills in working with children, leadership, and curriculum</li> </ul>
	III. How Much Change	IV. Quality of Change
Effort/ Outcome	<ul style="list-style-type: none"> <li>* 78% of 49 youth participants increased knowledge of the essentials of human nutrition</li> </ul>	<ul style="list-style-type: none"> <li>* Research indicates for every EFNEP dollar spent there is a \$10.64 saving in long-term health care costs and \$2.48 in food expenditures</li> </ul>

## FUNDING SOURCE(S)

Grant Funding: Yes

Funding Source: Federal

Matching Requirements: No

Required Match: N/A

Minimum Required Match: N/A

Maintenance of Effort Requirements: No

Funding Cycle: October 1 - September 30

**RESOURCE ALLOCATION DETAILS AND SERVICE STATISTICS**

<b>Revenue Summary</b>	<b>Actual FY 02-03</b>	<b>Actual FY 03-04</b>	<b>Budgeted FY 04-05</b>	<b>Budgeted FY 05-06</b>	<b>Changed from FY 04-05</b>
Federal	\$45,611	\$44,466	\$45,180	\$46,015	\$835
State	\$0	\$0	\$0	\$0	\$0
County	\$0	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0	\$0
<b>Total</b>	<b>\$45,611</b>	<b>\$44,466</b>	<b>\$45,180</b>	<b>\$46,015</b>	<b>\$835</b>

**Expenditure Summary**

Salaries and Benefits	\$37,856	\$36,691	\$37,425	\$38,260	\$835
Services and Supplies	\$7,755	\$7,755	\$7,755	\$7,755	\$0
Contracted Service Providers	\$0	\$0	\$0	\$0	\$0
Capital	\$0	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0	\$0
<b>Total</b>	<b>\$45,611</b>	<b>\$44,446</b>	<b>\$45,180</b>	<b>\$46,015</b>	<b>\$835</b>

<b>Total Positions</b>	1.00	1.00	1.00	1.00	0.00
<b>Number of Children Served</b>	1,486	1,486	1,984	1,984	0

**CBO ACCESS**

CBO Access to Funding Source: No

Funding Provided to CBO No

## Consumer Services

### NUTRITION EDUCATION PROGRAMS (NEP)

The Expanded Food and Nutrition Education Program (EFNEP) and Family Nutrition Program (FNP) are funded through USDA Extension and Food Stamp Programs and the state's land grant institutions. In Miami-Dade County it is managed by the University of Florida and the Miami-Dade County Cooperative Extension Division, a division of the Consumer Services Department. The local programs are staffed by two professionals and 14 para-professionals. Two units of EFNEP, one for Hispanic audiences, and another which targets other low-income populations segments, including African American, Haitian American, as well as other English speaking audiences are administered in Extension. The program recruits low-income families with children. FNP targets Food Stamp recipients, including seniors. EFNEP provides a multi-session nutrition educational program from the National Extension Service Nutrition Curriculum to groups of families and individuals in agencies and organizations at their facilities throughout the county. EFNEP participants generally complete 12 lessons and FNP five lessons on sound diets, food purchasing, nutritional well being, sanitation, and food safety. These programs are directly supportive of the Food Stamp program, Women, Infants, and Children's (WIC) Program.

### SERVICE AREA

Countywide

### TARGET POPULATION

Gender:	Male and Female	Age:	All Ages (0-18)
Special Population:	Low Income		

### ELIGIBILITY

Client Eligibility Requirements:	Food Stamp Recipient Families and Individuals		
Geographic Criteria:	Miami-Dade County		
Economical/Financial Criteria:	Low Income	Other:	N/A

### COLLABORATIVE PARTNERS

Miami Dade Public Schools (Florida First Start, Title 1); Food and Drug Administration; Florida Department of Children and Families (Food Stamps, Women, Infants and Children (WIC); Miami-Dade County Community Action Agency; Miami-Dade County Department of Human Services, Child Development Services, Office of Youth and Family Development; Miami-Dade County Health Department; Head Start Program

### PROGRAM GOAL(S)

The program goal is to assist low-income families and youth, including Food Stamp recipient families and individuals, acquire the knowledge, skills, attitudes and changed behaviors necessary for nutritionally sound diets and to contribute to their personal development and the improvement of total family diet and nutritional welfare.

## PERFORMANCE MEASURES

	Quantity	Quality
	I. What We Do	II. How Well We Do It
Effort/ Output	<ul style="list-style-type: none"> <li>* 7,610 adults and 2,595 youth were enrolled in in-depth nutrition education classes</li> <li>* 3,000 adults participated in one-time nutrition programs</li> </ul>	<ul style="list-style-type: none"> <li>* Increase nutrition and food purchasing practices will have a positive impact on long-term health care costs</li> </ul>
	III. How Much Change	IV. Quality of Change
Effort/ Outcome	<ul style="list-style-type: none"> <li>* 96% of participants showed improvement in one or more nutrition practices and food resource management practice</li> </ul>	<ul style="list-style-type: none"> <li>* Participants increased consumption of fruits and vegetables from four servings at entry to nine servings daily upon completion of program</li> </ul>

## FUNDING SOURCE(S)

Grant Funding:	Yes	
Funding Source:	County; Federal	
Matching Requirements:	No	Required Match: N/A
Minimum Required Match:	N/A	
Maintenance of Effort Requirements:	No	Funding Cycle: October 1 - September 30



## RESOURCE ALLOCATION DETAILS AND SERVICE STATISTICS

Revenue Summary	Actual FY 02-03	Actual FY 03-04	Budgeted FY 04-05	Budgeted FY 05-06	Changed from FY 04-05
Federal	\$717,372	\$668,938	\$677,582	\$684,358	\$6,776
State	\$0	\$0	\$0	\$0	\$0
County	\$89,825	\$94,553	\$99,529	\$100,634	\$1,105
Other	\$0	\$0	\$0	\$0	\$0
<b>Total</b>	<b>\$807,197</b>	<b>\$763,491</b>	<b>\$777,111</b>	<b>\$784,992</b>	<b>\$7,881</b>

### Expenditure Summary

Salaries and Benefits	\$724,722	\$681,016	\$694,636	\$702,517	\$7,881
Services and Supplies	\$82,475	\$82,475	\$82,475	\$82,475	\$0
Contracted Service Providers	\$0	\$0	\$0	\$0	\$0
Capital	\$0	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0	\$0
<b>Total</b>	<b>\$807,197</b>	<b>\$763,491</b>	<b>\$777,111</b>	<b>\$784,992</b>	<b>\$7,881</b>

<b>Total Positions</b>	16.00	16.00	16.00	16.00	0.00
<b>Number of Children Served</b>	16,957	16,957	13,205	13,205	0

## CBO ACCESS

CBO Access to Funding Source: No

Funding Provided to CBO No